Appointments in German and English:
Phone: 0621 1703-2850
(Mon - Fri, 8:30 am - 5 pm)
Email: zentralambulanz@zi-mannheim.de

Appointments in your native language:
Write an email in your native language to:
zentralambulanz@zi-mannheim.de
Our team will let you know where your appointment will take place.

The appointments usually take place in the following buildings:

Children and adolescents
E 3, 11 · 4th floor · 68159 Mannheim

Adults
K 3, 21 · 4th floor · 68159 Mannheim

Postal address
Central Institute of Mental Health
J 5 · 68159 Mannheim

Public transport: Tram lines 1, 3, 4, 5 and 7
Stops Abendakademie and Marktplatz
**Psychiatric treatment of adults**

The aim of the services is to provide prompt, outpatient psychiatric care for refugees, if possible through native-speaking therapists or with the help of interpreters.

Psychiatric or psychological diagnosis, counseling and, if necessary, medicamentous therapy in the entire spectrum of general psychiatric illnesses are provided in the consultation hours. If outpatient therapy options are exhausted, inpatient treatment will be initiated.

The main areas of treatment include:
- psychoses (e.g. schizophrenia, delusional disorder, substance induced psychoses)
- affective disorders (e.g. depression, bipolar disorder, anxiety disorder)
- trauma sequelae (post-traumatic stress disorder, PTSD), adjustment disorder
- somatoform disorders, obsessive-compulsive disorders
- addictive disorders (e.g. alcohol dependence, substitution treatment for opiate dependence)
- personality disorders
- dementia

**Treatment of children and adolescents**

Fast and uncomplicated care for mentally ill refugee children and adolescents is provided, if possible, by native-speaking therapists or with the help of interpreters.

The treatment offered covers the entire spectrum of psychiatric disorders in childhood and adolescence. It includes an initial child and adolescent psychiatric assessment, specific diagnostics and multimodal treatment.

We cooperate in treatment with pediatricians, schools, kindergartens, counseling centers and youth welfare services as well as therapists in private practice.

The main areas of treatment include:
- affective disorders (e.g. depression)
- anxiety disorder
- ADHD
- autism
- trauma sequelae

Please bring the following with you to the appointment:
- 15 to 30 minutes buffer time
- health insurance card or a treatment certificate issued by the social welfare office (if available)
- preliminary findings and doctor’s letters (ECG findings, blood values, medication schedule)
- questionnaires sent in advance, if applicable
- for underage children not accompanied by a custodial parent: the written consent of the custodial parent to the treatment

**In case of emergency**

In case of psychiatric and child psychiatric emergencies, especially if there are indications of acute danger to self or others as well as suicidal tendencies, please contact our emergency outpatient clinic, available 24/7:
- phone: 0621 1703 -7777
- on site: J 5 · Ground floor · 68159 Mannheim