Central Institute for Mental Health

Consultations via the Central Outpatient Clinic
K 3, 21 · 4th floor
Phone: 0621 1703 - 2850
Email: zentralambulanz@zi-mannheim.de

Postal address
Zentralinstitut für Seelische Gesundheit
J5 · 68159 Mannheim

Public transport: Tram lines 1, 3, 4, 5 and 7
Stops Abendakademie and Marktplatz

www.zi-mannheim.de
The aim of the service is to offer immediate psychiatric outpatient care for persons in initial reception facilities. A psychiatric or psychological diagnosis, counselling and, where appropriate, psychopharmacological treatment and a doctor's letter will be provided during the consultations.

No expert opinion will be formed as part of our consultations, nor can any psychotherapy be offered for patients during their ongoing asylum procedure.

**Book a consultation at:**
Central outpatient clinic  
Phone: 0621 1703 -2850  
Email: zentralambulanz@zi-mannheim.de

**Please bring with you to the consultation:**
- Please anticipate an hour of lead time and waiting time  
- Certificate of treatment  
- Interpreter

**Consultations in the medical centre (Columbusstraße 286) will be provided on site for patients from the Benjamin Franklin Village:**
Thursday, 9:00 -12.00 am  
- Secondary traumatic disorder, post-traumatic stress disorder (PTSD)  
- Personality disorder, borderline personality disorder  
- Psychosis  
- Depression/bipolar disorder  
- Anxiety/stress

**Specific consultations will be offered to patients from other facilities in the clinic rooms of the Central Institute (K 3, 21, 4th floor) for various disorders:**

**Institute for Psychiatric and Psychosomatic Psychotherapy:**
- Secondary traumatic disorder, post-traumatic stress disorder (PTSD)  
- Personality disorder, borderline personality disorder

**Psychiatric outpatient clinic:**
- Psychosis  
- Depression/bipolar disorder  
- Anxiety/stress

**Addiction outpatient clinic:**
- Addiction treatment for alcohol, cannabis, amphetamines, cocaine  
- Gambling addiction (pathological gambling)