

## **Curriculum vitae**

**Heinz Häfner**, MD., Ph.D., Dr. h.c. mult., Professor Emeritus of Psychiatry

### **Date and place of birth:**

- May 20, 1926 in Munich, Germany

### **Education:**

- Study of medicine (M.D. 1950), psychology and philosophy (Ph.D. 1951) at the University of Munich
- Training in psychiatry and psychotherapy (Prof. Ernst Kretschmer) at the University of Tübingen, in neurology (Prof. Georg Stertz) at the University of Munich, in psychiatry (Prof. Walter von Baeyer) at the University of Heidelberg

### **Academic career:**

- Professor of Social Psychiatry (University of Heidelberg.) (1965-68)
- Chair of Psychiatry (University of Heidelberg Mannheim Faculty of Medicine) (1968-94)
- Founder and director of the Central Institute of Mental Health (CIMH), Mannheim (1975-94)
- Director of the WHO Collaborating Centre for Research and Training in Psychiatry, Mannheim (1975-99)
- Professor emeritus since October 1<sup>st</sup>, 1994
- Head of the CIMH Schizophrenia Research Group (since Jan. 1<sup>st</sup>, 1987)

### **Chairs offered:**

- for clinical psychology (C4) at the University of Munich (1962): declined
- for social psychiatry (chairman of the Department of Social Psychiatry) (C3) at the University of Heidelberg (1965): accepted
- for psychiatry (C4) at the University of Heidelberg Mannheim Faculty of Medicine (1968): accepted
- for psychiatry at the University of Berne, Switzerland (1978): declined

### **Leading research positions:**

- Chairman (1973), vice-chairman (1977-85) of the Special Research Branch 116: Psychiatric Epidemiology
- Deputy spokesperson of the Special Research Branch 258: Explanatory Models of Mental Disorder (1987-98)
- Spokesperson of the German Research Network on Schizophrenia (GRNS) Sub-Network I: Early Recognition and Intervention
- Principal investigator of the ABC Schizophrenia Study (beginning in 1987) and of various other studies

### **Mental-health policy initiatives and related positions:**

- Initiatives for reforming mental health care in Germany (starting in 1958)
- Plans for establishing the Central Institute of Mental Health (CIMH) (starting in 1960)
- First memorandum "„Dringliche Reformen in der psychiatrischen Krankenversorgung der Bundesrepublik““ (Mental health care reforms urgently needed in Germany) (helfen

und heilen, Issue 4), including the first public disclosure of the plan for establishing a "model institute for social-psychiatric therapy and research" (German Institute of Mental Health) (1965)

- Vice-chairman of the Federal Expert Commission on Mental Health Care (Psychiatrie-Enquête) (1971-75)
- Member of the WHO European Advisory Board on Biomedical Research (1976-80)
- Member of the Federal Council of Science and Humanities, chairman of the Scientific Commission, chairman of the Committee on Medicine (1976-83)
- Chairman of the Expert Panel on Epidemiology of the Federal Ministry of Education and Research (1993-94)
- Chairman of the Scientific Advisory Board of the Mental Health Foundation Luxembourg (1995-99)
- Member of the Commission of the Bavarian Ministry of Science for Reorganising the Faculties of Medicine and Hospitals of the University of Munich (1996-97)
- Member of the "Joint Commission of Inquiry of the German Research Foundation and the Research Institutes and Faculties of Medicine Affected by the Research Fraud Case of Brach/Hermann" (1997-2001)
- Chairman of the Central Expert Panel on Public Health of the Federal Ministry of Education and Research and the Federal Ministry of Health and of the Expert Panels on the Public Health Consortia of Saxony and Bavaria (1992-2002)

**International professional activities and affiliations:**

- Member of the WPA (since 1965); founding member (jointly with J.K. Wing and E. Hare), temporarily also chairman and secretary, of the WPA Section Committee on Epidemiology and Public Health (1969)
- Member of the WHO European Advisory Board for Biomedical Research (1971-75)
- Member of the WHO Expert Advisory Panel on Mental Health and of several other international commissions and advisory boards of the WHO as well as of its service and collaboration centres (1980-2011)
- Head of the WHO Collaborating Centre for Research and Training in Mental Health in Mannheim (1980-2002) and member of the international advisory panels of several other WHO collaborating centres
- Founding member and chairman (jointly with J.K. Wing and E. Strömngren) of the European initiative on psychiatric epidemiology and social psychiatry (1977-92) (since 1983 Section of the European Psychiatric Association)
- Member of the EPA Board (1988-2002) and Executive Committee (1994-2002)
- Chairman of the WPA Stigma Program Review Committee (1995–2003)
- Visiting professorship lectures: e.g. at the Harvard and Johns Hopkins Schools of Public Health and Departments of Psychiatry and at the following universities: Columbia, Pittsburgh and the UCLA (USA), New South Wales, Canberra and Melbourne (AU), Sao Paulo (BR), Buenos Aires (AR), Prague (CZ), Lund (SE), Helsinki (FI), Hongkong and Beijing (CN), Taipeh (TW), Rome, Palermo (IT), Tokyo (JP), Copenhagen (DK), Budapest (HU), Sofia (BG), Zurich (CH), Vienna (AT), Barcelona (ES), Lisbon (PT)
- Invited or keynote lectures at the World Psychiatric Association (WPA) Congresses in Madrid (1996), Hamburg (1999), Yokohama (2002), Cairo (2005)
- Advisor of several foreign governments on mental health care

**Memberships:**

- Heidelberg Academy of Sciences and Humanities (since 1991)
- National Academy of Sciences Leopoldina (since 1989)

Honorary

- American Psychopathological Association (APPA)
- European Psychiatric Association (EPA)
- German Psychiatric Association (DGPPN)  
and several other national and foreign psychiatric associations

**Innovation in psychiatry:**

- Reforming mental health care in Germany:
  - in the vanguard of initiating the belated reform of mental health care and the efforts that finally led to setting up the Federal Expert Commission on Mental Health Care (1971-75), vice-chairman of that Expert Commission
  - the Commission's report published in 1975, the first comprehensive analysis of mental health care in Germany after World War II as compared with the British and the U.S. systems, prompted further analyses and reform proposals.
- Planning and founding the CIMH, a national mental-health care and research institute inaugurated in 1975 and currently comprising 5 chairs (4 clinical departments) affiliated with Heidelberg University ( psychiatry and psychotherapy, psychosomatic medicine, child and youth psychiatry, addiction medicine, clinical psychology) and 12 research units (professorships)
- Establishing a local community mental-health care network in Mannheim starting in 1968 (WHO demonstration model) and coordinated by the CIMH Department of Community Psychiatry
- Founding editor of *Social Psychiatry and Psychiatric Epidemiology* (Springer)
- Co-editor and coordinating editor of the *European Archives of Psychiatry and Clinical Neuroscience* (Springer)
- Member of the advisory boards and referee of numerous international psychiatric journals, e.g. *Schizophrenia Research*, *Psychological Medicine*, *Der Nervenarzt* etc.
- Launching and organising (jointly with W. Gattaz) a series of five symposia on *Search for the Causes of Schizophrenia*, beginning in 1986 (proceedings published by Springer/Heidelberg and Steinkopff/Darmstadt)

**Major research interests and achievements:**

- 1957: Neuropsychological and psychopathological demonstration of frontal lobe executive functions
- 1960: Undesired side-effects of chlorpromazine
- 1964: Non-remitting PTSD after extreme and persistent stress (a study of 240 concentration camp survivors etc. (jointly with W. von Baeyer and K.P. Kisker).
- 1965-90: Ecological and social distribution of first-contact schizophrenia, affective disorder and suicide; almost unchanged ecological and social patterns in an urban environment over 12 and 25 years (jointly with H. Reimann and S. Weyerer)
- 1982-85: Demonstration of the “Werther” effect (age- and sex-related model learning) of a televised suicide model in a nationwide quasi-experimental design (jointly with A. Schmidtke)
- 1985 to the present: Epidemiological and multi-level research into schizophrenia with focus on first-episode illness and long-term illness course (controlled) (jointly with K.

Maurer and W. an der Heiden):

the A(ge) B(eginning) C(ourse) Schizophrenia Study:

- Definition and dissection of the prodromal stage
- Distribution of schizophrenia incidence over the life-cycle
- Gender differences in age at onset and lifetime incidence
- Demonstration of a sensitivity-reducing effect of oestrogen on D2 receptors in animal experiments
- Demonstration of a biological balance between genetic predisposition and protective effect of oestrogen
- Acute stage, medium-term and long-term course and outcome of schizophrenia and its symptom dimensions
- Influence of age and gender on social course and outcome

Currently:

- Long-term course of schizophrenia and its symptom dimensions (jointly with W. an der Heiden)
- Consequences of illness onset in schizophrenia and unipolar depression in comparison with healthy controls
- Selected topics from the history of psychiatry (psychiatric illness of King Ludwig II of Bavaria) (jointly with F. Sommer)

#### **Honorary doctorates:**

1990: Dr. med. (M.D.) h.c., University of Helsinki, Finland

1992: Dr. rer. soc. (Ph.D.) h.c., University of Konstanz (clinical psychology), Germany

#### **Awards:**

1965 Michael Prize of the Michael Foundation (for the genetics of epilepsy)

1972 Hermann Simon Prize (for epidemiology and social psychiatry)

1983 Service Cross, 1<sup>st</sup> Class, of the Federal Republic of Germany

1988 Erik Strömngren Medal (for psychiatric epidemiology), Denmark

1992 Great University Medal of the University of Heidelberg (for research achievements)

1993 Salomon Neumann Medal (for promoting research and practice in social medicine)

1994 Great Order of Merit of the Federal Republic of Germany

1997 Joseph Zubin Award (APPA) (for research in schizophrenia)

1998 Prize of the Association for Methodology and Documentation in Psychiatry (AMDP)

1999 WPA Leader of Psychiatry Award

2002 Medal of Honour of the German Association for Public Health

2008 Hermann Simon Prize (for founding the CIMH and for life's work)

2009 Dr. Hans Martini Medal (University of Heidelberg Mannheim Faculty of Medicine) (for founding the CIMH)

2013 Charlotte and Karl Bühler Medal of Honour (Institute of Clinical Psychology and Psychotherapy, TU Dresden)

2013 Wilhelm Griesinger Medal (German Association for Psychiatry, Psychotherapy and Psychosomatics) (for scientific and social accomplishments in the field of psychiatry and psychotherapy in Germany)

#### **Selected publications:**

##### **Monographs**

- Häfner H (1956) *Schulderleben und Gewissen*. Klett, Stuttgart (1958 Italian, 1960 Spanish translation)
- Häfner H (1961) *Psychopathen*. Springer, Berlin Göttingen Heidelberg (2011 Italian translation)
- Von Baeyer W, Häfner H, Kisker KP (1964) *Psychiatrie der Verfolgten*. Springer, Berlin Heidelberg Göttingen
- Böker W, Häfner H (1973) *Gewalttaten Geistesgestörter*. Springer, Berlin Heidelberg New York
- Häfner H, Böker W (1982) *Crimes of violence by mentally abnormal offenders*. Cambridge University Press, London
- Häfner H (1986) *Psychische Gesundheit im Alter*. G. Fischer, Stuttgart
- Häfner H (1991) *Psychiatrie: Ein Lesebuch für Fortgeschrittene*. G. Fischer, Stuttgart
- Häfner H, Löffler W, Maurer K, Riecher-Rössler A, Stein A (1999) *IRAOS – Interview für die retrospektive Erfassung des Erkrankungsbeginns und –verlaufs bei Schizophrenie und anderen Psychosen*. Huber, Bern Göttingen Toronto, Seattle (2003 English translation, Hogrefe & Huber, Göttingen)
- Häfner H (2000) *Ist es alles nur die Krankheit? Neuere Ergebnisse aus der Schizophrenieforschung*. Springer, Berlin Heidelberg New York
- Häfner H (2000) *Das Rätsel Schizophrenie – Eine Krankheit wird entschlüsselt*. C.H. Beck, München (2002 2nd edn, 2005 3rd thoroughly revised edn., 2017 4<sup>th</sup> completely newly revised edn.)
- Häfner H (2008) *Ein König wird beseitigt. Ludwig II. von Bayern*. (2011 2nd edn) C.H. Beck, München
- Häfner H (2010) *Schizophrenie – Erkennen, Verstehen, Behandeln*. (2018 2<sup>nd</sup> updated edn.) C.H. Beck, München
- Häfner H, Martini H (2011) *Das Zentralinstitut für Seelische Gesundheit*. C.H. Beck, München

**(Co-)edited books**

- Häfner H (ed) (1978) *Psychiatrische Epidemiologie. Monographien aus dem Gesamtgebiet der Psychiatrie, Bd. 17*. Springer, Berlin Heidelberg New York
- Häfner H (ed) (1983) *Forschung für die seelische Gesundheit*. Springer, Berlin
- Häfner H, Gattaz WF (eds) *Search for the causes of schizophrenia, Vol. I 1987, Vol. II 1990, Vol. III 1995, Vol. IV 1999*. Springer, Berlin, Heidelberg
- Häfner H, Hennerici M (eds) (1992) *Psychische Krankheiten und Hirnfunktionen im Alter*. Fischer, Stuttgart, Jena, New York
- Häfner H (ed) (1995) *Was ist Schizophrenie?* G. Fischer, Stuttgart
- Häfner H (ed) (1999) *Gesundheit – unser höchstes Gut?* Springer, Berlin Heidelberg.
- Häfner H (ed) (2002) *Risk and protective factors in schizophrenia – Towards a conceptual model of the disease process*. Steinkopff, Darmstadt.
- Gattaz WF, Häfner H (eds) (2004) *Search for the cause of schizophrenia, Vol. V*. Steinkopff, Darmstadt
- Staudinger U, Häfner H (eds) (2008) *Was ist Alter(n)?* Springer, Berlin Heidelberg
- Häfner H, Beyreuther K, Schlicht W (eds) (2010) *Altern gestalten – Medizin, Technik, Umwelt*. Springer, Heidelberg
- Kielmansegg P, Häfner H (eds) (2012) *Alter und Altern – Wirklichkeiten und Deutungen*. Springer, Heidelberg

Häfner H, Bechdorf A, Klosterkötter J, Maurer K (eds) (2012) Psychosen – Früherkennung und Frühintervention. Der Praxisleitfaden. Schriftenreihe Kompetenznetz Schizophrenie. Schattauer, Stuttgart

### **Recent book chapters**

- Häfner H (2010). Psychose, Depression und manische Symptomatik. Leitsyndrome eigener Krankheiten oder Kontinuum? In: Möller H-J, Müller N (eds) Schizophrenie – Zukunftsperspektiven in Klinik und Forschung. Springer, Wien, pp 3-30
- Häfner H, an der Heiden (2011) Schizophrenia and depression – challenging the paradigm of two separate diseases. In: Ritsner MS (ed) Handbook of schizophrenia spectrum disorders, vol. II. Springer, Dordrecht Heidelberg London New York, pp 389-402
- an der Heiden W, Häfner H (2011) Course and outcome. In: Weinberger D, Harrison P (eds). Schizophrenia, 3rd edn. Wiley-Blackwell, Chichester, pp 104-141
- Häfner H (2012) Freitag der 13. – Eine Erinnerung an Prof. Michael Shepherd (London). In: Schneider F (Hg) Irgendwie kommt es anders – Psychiater erzählen. Springer Verlag, Berlin, Heidelberg New York, pp 89-96
- Häfner H (2016) Psychiatriereform in Deutschland. Vorgeschichte, Durchführung und Nachwirkungen der Psychiatrie-Enquête. Ein Erfahrungsbericht. In: Wink M und Funke J (2016) Stabilität im Wandel (Heidelberger Jahrbücher, Bd. 1, Art. 8), S.119-145
- Häfner H (2019) Does the age of onset shape the clinical picture, course and consequences of schizophrenia? Results from a long-term epidemiological study. In: de Girolamo G, McGorry PD, Sartorius N (eds.). Age of onset of mental disorders: etiopathogenetic and treatment complications. Springer International Publishing, Basel, pp. 29-54.
- Häfner H (2019) So konnte es nicht weitergehen – ein Kapitel Geschichte der Psychiatrie und ihrer Kranken. In: Wedekind D, Spitzer C, Wiltfang J (Hrsg.) 150 Jahre Psychiatrische Klinik Göttingen. Beiträge zum Jubiläumssymposium. V&R unipress, Göttingen, S. 51-61.

**More than 700 journal articles** (in German, English, French, Italian, Spanish, Portuguese, Japanese, Chinese, Polish and Russian)

### **Biographies in:**

- Shepherd M (ed) (1982) Psychiatrists on psychiatry. Cambridge University Press, Cambridge (German translation: Psychiater über Psychiatrie, Beltz Verlag, 1985)
- Achté K (1989) Kaskuja, karikatyyrejä kollegoistani lääkärit, Pecallmed, Helsinki
- Gamma F, Bovet P (2001) Entretien avec Heinz Häfner (interview). In: Lettre de la Schizophrenie, No. 23, Juin 2001, pp 17-20, Editions de Santé, Paris (Lilly Institut)
- Deutsche Akademie der Naturforscher Leopoldina, Reihe 3, Vol. 52, Jahrbuch 2006, Halle/Saale 2007, S. 143-146
- Munk-Jørgensen P (2013) Editorial Heinz Häfner. Acta Psych Scand 176: 496
- Maurer K (2016) Prof. Dr. Dr. h.c. mult. Heinz Häfner. Zeitschrift für Psychiatrie, Psychologie und Psychotherapie, 64(3), 209-217
- Radenbach K, Wiesemann C (2016) „Man kann sich das heute nicht mehr vorstellen, wie die Psychiatrie damals ausgesehen hat“ Heinz Häfner, der Initiator der Psychiatrie-Reform in Deutschland, im Gespräch. Ethik Med DOI 10.1007/s00481-016-0424-6